

Wash out the electrodes and WaterTabs

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seer.xyz/shc-washout



Disconnect from the equipment the morning after your study is complete before returning your equipment to Seer:



Warning: Remove WaterTabs carefully. Careless removal may damage the skin.

1

Take off Sense – pull QuickConnect away from the top of your head and disconnect the ECG cable from the chest stickers. Peel off the chest stickers and leave Sense outside the bathroom.



2

Remove the WaterTabs – soak your hair under warm, running water. When the WaterTabs are sticky and gel-like, massage them out. Continue until you've washed all the gel out of your hair.



Tip: Avoid using hair products (e.g. conditioner) when removing WaterTabs, as this can make them more difficult to remove.

3

Dispose of the electrodes, chest stickers, undissolved gel and EEG headpiece in the general waste. Follow local regulations.



Repeat steps 2-3 if some gel still remains.